

Roasted Chickpeas



Roasted chickpeas make a fun snack. You can customize this crunchy snack with any spices you like.

Ingredients & Supplies

- ★ Canned chickpeas
- ★ Spices
- ★ Baking sheets
- ★ Oil



Instructions

- ★ Preheat the oven to 350 degrees.
- ★ Open and drain the canned chickpeas. Discard the liquid or save it for another recipe.
- ★ Place the chickpeas in a thin layer on the baking sheet. Lightly roast for 15 minutes at 350.
- ★ Remove the chickpeas from the oven and let rest for 5 minutes.
- ★ Mix oil and spices together. Coat the chickpeas in the mixture.
- ★ Return the chickpeas to the oven and bake for 20 minutes or until crispy.
- ★ Serve.

