Organization for Caregivers

Providing care for a loved one can be an overwhelming experience. Make things a little bit easier by learning how cloud storage can help you in this hands-on workshop by organizing documents securely.

Care giving sources:

https://www.aarp.org/caregiving/ - **AARP, American Association of Retired People**.
- Resources Caregivers Should Know About – a directory of directories
- Prepare to Care booklet available in many languages.

https://www.caregiver.org **Family Caregiver Alliance**
- Caregiver education section has an amazing and helpful Fact and Tip Sheet section. Also has free webinars if you register for a free account.
- Family Caregiver Navigator has links for Illinois specific interests
- The FAQ (all the way at the bottom of the main screen) has links to other sites to determine if you can get payment to be a caregiver. And other elder benefits.
- What are the Documents Everyone Should Have?

https://skokielibrary.info/resources/research/ then find LegalForms from Gale **Skokie Library**
- If you outside of the Library, you will have to type your last name and barcode to access it
- Brows the Wills & Estates and Power of Attorney sections on the right, try to focus on Illinois documents. This will give you an idea what to prepare when visiting your own attorney.

> *In a recent survey, 81% of the people said they think about these issues: however only 33% said they had completed the necessary forms. Although it is hard to talk about and think about, it is important to take care of these matters for your own sake and for the sake of your family. – www.caregiver.org*

https://edu.gcfglobal.org/en/googledocuments/ GCF Learn Free
- Very pleasant tutorials all about Google Drive, Docs and sheets
- Google Docs is a free and shareable word processor, like Microsoft Word.
- Google Sheets is a free and shareable spreadsheet program, similar to Microsoft Excel.
- Google Photos allows people to share photos with friends and family.

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Popular resources for

North Shore Senior Center and CareOptions
161 Northfield Rd, Northfield, IL (847) 784-6000
Nssc.org

Weber Leisure Center, Skokie Park District
9300 Weber Park Place, Skokie (847) 674-1500

Levy Senior Center
300 Dodge Ave, Evanston (847) 448-8250
Cityofevanston.org

Skokie Public Library
Senior Lunch Program at the Library, fourth Friday of each month, in the Mary Radmacher room

Software apps for your phone

PhotoScan take a quality can of a document. Squares up the edges.

Evernote family plan shares documents

LastPass family shares passwords and encryption keys.

CareZone is a central location for calendar, medical information, status reports.

Google mail / calendar / drive / photos – share documents and images on any device.

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